

# Brain and muscle Arnt-like protein-1 (BMAL1) controls circadian cell proliferation and susceptibility to UVB-induced DNA damage in the epidermis

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The role of the circadian clock in skin and the identity of genes participating in its chronobiology remain largely unknown, leading us to define the circadian transcriptome of mouse skin at two different stages of the hair cycle, telogen and anagen. The circadian transcriptomes of telogen and anagen skin are largely distinct, with the former dominated by genes involved in cell proliferation and metabolism. The expression of many metabolic genes is antiphasic to cell cycle-related genes, the former peaking during the day and the latter at night. Consistently, accumulation of reactive oxygen species, a byproduct of oxidative phosphorylation, and S-phase are antiphasic to each other in telogen skin. Furthermore, the circadian variation in S-phase is controlled by BMAL1 intrinsic to keratinocytes, because keratinocyte-specific deletion of *Bmal1* obliterates time-of-day-dependent synchronicity of cell division in the epidermis leading to a constitutively elevated cell proliferation. In agreement with higher cellular susceptibility to UV-induced DNA damage during S-phase, we found that mice are most sensitive to UVB-induced DNA damage in the epidermis at night. Because in the human epidermis maximum numbers of keratinocytes go through S-phase in the late afternoon, we speculate that in humans the circadian clock imposes regulation of epidermal cell proliferation so that skin is at a particularly vulnerable stage during times of maximum UV exposure, thus contributing to the high incidence of human skin cancers.

*Arntl* gene | circadian rhythm | UVB damage | cell cycle

The highly conserved circadian clock regulates organismal adaptation to the light:dark (LD) cycles caused by the rotation of the Earth (1). Located in the suprachiasmatic nucleus of the vertebrate hypothalamus, the central clock is an intrinsic pacemaker with a spontaneous firing rate and a nearly 24-h rhythmic gene expression. This central pacemaker is thought to synchronize peripheral clocks found in the vast majority of tissues and cells. The core circadian clock machinery is composed of the heterodimeric bHLH-PAS transcription factors CLOCK and BMAL1 that bind E-box elements to activate clock-controlled genes, as well as Period (*Per1*, 2, and 3) and Cryptochrome (*Cry1* and 2). PERs and CRYs inhibit CLOCK/BMAL1 activity upon their translocation into the nucleus, thus constituting a negative arm in the circadian feedback loop. CLOCK/BMAL1 also activate expression of nuclear receptors ROR and REV-ERB $\alpha$ , which in turn respectively activate and inhibit the transcription of *Bmal1* and other target genes containing retinoic acid-related orphan receptor response elements.

Although the circadian clock is active in most mammalian tissues, the battery of genes under circadian regulation is largely tissue specific (2), suggesting that the circadian clock modulates physiological processes unique to each organ. Here we have focused on the role of the clock within skin, an organ dominated on the one hand by the cycling hair follicles and on the other by the continuously renewing interfollicular epidermis (3). Both epithelial compartments play an important role in forming a protective

barrier against harmful environmental effects. One such skin-damaging effect is sunlight, a major cause of human skin cancer and aging changes within the skin (4). Although a unique cellular system of pigment cells has evolved within the skin for protection against sunlight, the skin's carcinogenic vulnerability is evident, because no organ forms more malignant neoplasms in humans (5).

Although several physiological parameters, including skin temperature, sebum production, pH, capacitance (measure of skin hydration), and transepidermal water loss (measure of barrier function), vary in a circadian manner (6), the role of the circadian clock within skin (7, 8) has remained largely unknown. Interestingly, studies going back to the early 20th century (9, 10) demonstrated circadian variation in epidermal cell proliferation, pointing to skin as a highly suitable biological system to investigate the long-proposed interrelationships between the circadian clock, the cell cycle, and cancer (11). Recent work has begun to elucidate the clock's role in skin. Our previous work demonstrating that global mutations in core clock genes *Clock* and *Bmal1* cause a delay in early anagen progression in mice (7) suggests a role for the circadian system in hair cycling, a process linked to seasonal control in many species. Other recent studies have identified a clock role in DNA repair and skin cancer susceptibility and in determining the activation status of hair follicle stem cells (12, 13).

To gain insights into the role of the circadian clock in skin, we defined the circadian transcriptome of skin during telogen (resting stage of hair follicles) and anagen (growing stage of hair follicles). Among enriched functional categories represented by circadian genes in telogen skin are cell-cycle regulation and metabolism. This result led us to study the role of the circadian system in cell proliferation within the interfollicular epidermis and hair follicles and the implications of this system for UVB-induced DNA damage. Our experiments show prominent circadian dynamics of mitosis and S-phase in the interfollicular epidermis and the upper part of hair follicles but dampened variation in the highly proliferative compartments of growing hair follicles. We also demonstrate that circadian cell proliferation in the epidermis depends on BMAL1 intrinsic to keratinocytes. The peak S-phase in epidermis is antiphasic to reactive oxygen species (ROS) levels within skin, indicating a relationship between metabolism and cell proliferation. Furthermore, we demonstrate a BMAL1-dependent circadian variation in sensitivity to UVB-

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Data deposition: The data reported in this paper have been deposited in the Gene Expression Omnibus (GEO) database, [www.ncbi.nlm.nih.gov/geo](http://www.ncbi.nlm.nih.gov/geo) (accession no. GSE38625).

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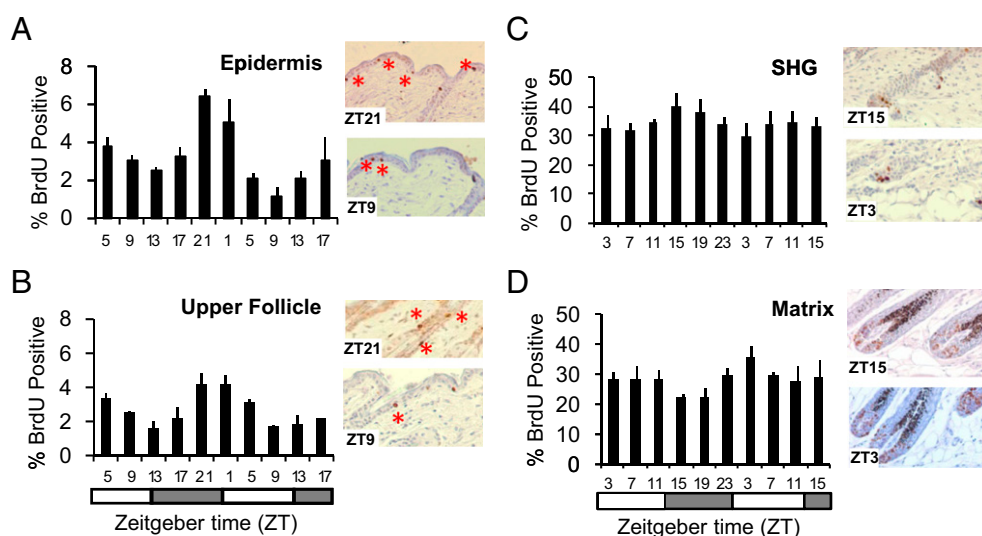
interfollicular epidermis is a continuously renewing epithelium with basal cell layer proliferation matching shedding of superficial cells at the top of the stratum corneum (3). Collecting skin 4 h after BrdU injection, we observed the highest and lowest proportion of BrdU-positive keratinocytes at ZT21 (3:00 AM) and ZT9 (3:00 PM), respectively (Fig. 2A). We also determined the number of keratinocytes in the interfollicular epidermis undergoing mitosis after 6-h colchicine treatment, identifying a peak and trough at ZT7 (1:00 PM) and ZT19 (1:00 AM), respectively (Fig. S4A). The sequential peaks of S- and M-phases are consistent with circadian synchronization of the whole cell division cycle in keratinocytes of the interfollicular epidermis. The circadian S-phase dynamics in the upper part of hair follicles (infundibulum and isthmus) are similar to that of the interfollicular epidermis (Fig. 2B); this compartment contains progenitor cell populations (15) that renew continuously, similar to the basal cell layer of the interfollicular epidermis.

The early anagen hair follicle contains a compartment of progenitor cells, the secondary hair germ, which supplies cells for the growing hair follicles, giving rise to all its cell lineages. This compartment is much more proliferative than the interfollicular epidermis, with 30–40% of cells incorporating BrdU in 4 h (Fig. 2C) compared with 1–7% in the epidermis. Although circadian variation in cell proliferation can be detected in the secondary hair germ with phospho-histone H3 staining (Fig. S4B), this variation is much less prominent than in the interfollicular epidermis. Similarly, in the highly proliferative keratinocytes of the matrix of more advanced anagen follicles (Fig. 2D), circadian variation of cell proliferation is dampened compared with the interfollicular epidermis (Fig. S4C). This dampening correlates with the previously reported reduction in clock output in late anagen follicles (8). It should be noted that times in these experiments designate the time of tissue collection, and thus the results reflect the cell-cycle activity in the periods between injection and tissue collection. In sum, these data indicate a prominent time-of-day-dependent variation in cell proliferation in the interfollicular epidermis and upper part of hair follicles with peak S-phase in the late night, the time point corresponding to lower ROS levels in skin. The antiphasic regulation of ROS accumulation and peak

S-phase are consistent with the coordinated temporal control of cell proliferation and oxidative ATP generation in mouse skin.

**Time-of-Day-Dependent Keratinocyte Proliferation in the Interfollicular Epidermis and Upper Hair Follicles Is *Bmal1* Dependent.** Next, we tested whether time-of-day-dependent changes in cell proliferation in mouse epidermis depend on intact circadian clock mechanisms. We took advantage of mice germline-deleted for the core clock regulator *Bmal1*; these mice have arrhythmic circadian behavior (16). Consistent with the results for wild-type mice described above, the interfollicular epidermis (Fig. 3A and Fig. S5A) and upper hair follicles (Fig. 3B and Fig. S5A) of *Bmal1*<sup>+/-</sup> mice exhibited prominent time-of-day-dependent variation in cell proliferation. In contrast, rhythmic cell proliferation is lost in the interfollicular epidermis (Fig. 3A and Fig. S5B) and upper follicle (Fig. 3B and Fig. S5B) compartments of *Bmal1*<sup>-/-</sup> mice. Interestingly, the mutant mice exhibit a constantly elevated cell proliferation rate, indicating that the physiological role of BMAL1 is to suppress epidermal cell proliferation during the day period. We did not observe time-of-day- or BMAL1-dependent changes in epidermal thickness in histology, perhaps because changes are subtle or regulation of transit time is coupled to cell proliferation control. Together, these data show that the core clock component BMAL1 controls a time-of-day-dependent proliferation rhythm in the mouse interfollicular epidermis and upper hair follicles.

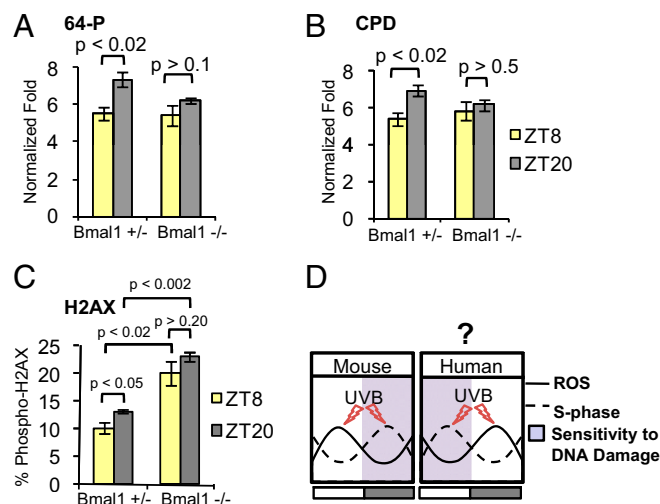
**BMAL1 Intrinsic to Keratinocytes Is Dispensable for Normal Anagen Initiation but Is Required for Time-of-Day-Dependent Epidermal Cell Proliferation.** We showed previously that BMAL1 is required for normal timing of hair growth cycling; hair follicles are arrested temporarily in early anagen in *Bmal1*<sup>-/-</sup> mice (8). To determine whether this defect in the hair follicle growth cycle depends on BMAL1 intrinsic to keratinocytes, we crossed mice bearing keratin 14-driven Cre recombinase (*K14Cre*) to *Bmal1* floxed mice (*Bmal1*<sup>fl/fl</sup>) (17). *K14Cre*-mediated gene deletion selectively affects all epidermal keratinocytes within the skin, including the interfollicular epidermis and hair follicles, leaving nonkeratinocyte cell types intact (18). We observed a nearly eightfold decrease in *Bmal1* mRNA expression in *Bmal1*<sup>fl/fl</sup>; *K14Cre* epidermis compared with controls, whereas *Bmal1* liver expression was not



**Fig. 2.** Circadian proliferation in the mouse epidermis. The data were analyzed by ANOVA and sinusoidal wave fitting. Percentage of BrdU-positive nuclei in (A) the telogen interfollicular epidermis [ $F(2,20) = 14.3$ ;  $P = 6.8 \times 10^{-7}$ ; sine-wave  $P = 7.6 \times 10^{-4}$ ], (B) the telogen upper follicle [ $F(2,20) = 4.8$ ;  $P = 0.0016$ ; sine-wave  $P = 1 \times 10^{-6}$ ], (C) the secondary hair germ (SHG) at P23 [ $F(2,20) = 0.73$ ;  $P = 0.68$ ; sine-wave  $P = 1.04 \times 10^{-2}$ ], and (D) the matrix at P27 [ $F(2,20) = 0.68$ ;  $P = 0.21$ ; sine-wave  $P = 9.3 \times 10^{-3}$ ]. Representative immunohistochemical images of each compartment are shown. The error bars represent SEM for three or four biological replicates. The LD cycles are indicated below the time-course panels.







**Fig. 5.** BMAL1 is responsible for time-of-day-dependent sensitivity to UVB-induced DNA damage. Quantification of (A) 6-4 photoproducts (64Ps) [two-way ANOVA for genotype,  $F(1,16) = 7.72$ ;  $P < 0.013$ ], (B) cyclobutane pyrimidine dimers (CPDs) [two-way ANOVA for genotype,  $F(1,17) = 5.92$ ;  $P < 0.026$ ], and (C) phospho (S-139) H2AX-positive cells [two-way ANOVA for genotype,  $F(1,8) = 62.95$ ;  $P < 0.001$ ] in the epidermis of *Bmal1*<sup>+/+</sup> and *Bmal1*<sup>-/-</sup> mice after UVB exposure at the indicated times. (D) A model of antiphasic relationship between time-of-day-dependent ROS accumulation, S-phase, and sensitivity to DNA damage in mouse and human skin. Note that in human skin the highest proportion of epidermal keratinocytes in S-phase (highest susceptibility of DNA damage) occurs at the time of the highest UV intensity, possibly contributing to a high occurrence of human skin cancer. The error bars represent SEM for three biological replicates. *P* values were determined by Student's *t* test.

including mouse epidermis (21). Our study extends these results by showing time-of-day-dependent variation in proliferation in the upper follicle as well as in the secondary hair germ and matrix of growing hair follicles. The time-of-day-dependent variation in cell proliferation is subdued in the secondary hair germ and matrix, where proliferation rates are much higher than in the interfollicular epidermis and upper follicles.

Comparison of the circadian transcriptomes of telogen and anagen skin revealed more robust circadian rhythm in the former. The most likely explanation for this finding is the near absence of circadian regulation within anagen hair follicles (8). In addition, there is a surprisingly small overlap between the circadian transcriptomes of anagen and telogen skin, indicating a high degree of regulatory flexibility of the circadian system within a single tissue. Clearly, the hair growth cycle can alter drastically genes and biological processes subject to circadian regulation.

In telogen skin, cell cycle and metabolism are the most prominent biological categories under circadian regulation. Interestingly, oxidative phosphorylation genes and cell-cycle genes oscillate in opposite phases, leading us to hypothesize that ROS levels and S-phase of the cell cycle may be temporally segregated in telogen skin. Indeed we demonstrate time-of-day- and BMAL1-dependent accumulation of ROS in the skin, with higher ROS levels detected at midday than early morning. This pattern is antiphasic to peak S-phase and sensitivity to UVB DNA damage in the mouse epidermis. In agreement with previous studies demonstrating ROS accumulation in aging *Bmal1*<sup>-/-</sup> mice (22) and lack of ROS oscillation in primary fibroblasts derived from *Bmal1*<sup>-/-</sup> skin (23), we show that both ROS levels and S-phase are constitutively elevated in the skin of *Bmal1*<sup>-/-</sup> mice. The levels of ROS in *Bmal1*<sup>-/-</sup> skin are much higher than the peak levels of

normal time-of-day variation, suggesting that noncircadian mechanisms controlling ROS are also affected in *Bmal1*<sup>-/-</sup> skin.

Our experiments suggest that a likely role of BMAL1 is to suppress the number of cells undergoing S-phase during the daytime when the ROS levels are high and to suppress oxidative phosphorylation processes when the S-phase is at its peak. Consistently, we show that oxidative phosphorylation is one of the most significant categories among genes up-regulated in the skin of *Bmal1*<sup>-/-</sup> mice at ZT22 (4:00 AM). The regulation of circadian epidermal proliferation likely involves canonical clock mechanisms rather than clock-independent function of BMAL1, because circadian S-phase also is obliterated in *Cry1*<sup>-/-</sup>; *Cry2*<sup>-/-</sup> mice (13). In contrast to our findings, another study reported reduced proliferation in *Bmal1*<sup>-/-</sup> epidermis (12). However, the age of the mice used in this study is unclear, and the findings may relate to the previously reported premature aging in *Bmal1*<sup>-/-</sup> mice (22).

We used a keratinocyte-specific knockout strategy to demonstrate that BMAL1 function intrinsic to keratinocytes is required for circadian epidermal proliferation. In contrast to the germline *Bmal1* deletion, delayed anagen progression is not observed in mice with keratinocyte-specific deletion of *Bmal1*, indicating that in regulating this process BMAL1 acts either through the central clock, possibly through endocrine signaling, or through non-keratinocyte cell types in the skin such as the dermal papilla (24) or preadipocytes (25), both of which have been shown to play a critical role in anagen initiation. Although a recent study showed that keratinocyte-specific deletion of *Bmal1* altered the population size of bulge cells in the activation-ready state (12), this study also did not report delayed anagen initiation.

Consistent with circadian oscillation of DNA replication in epidermal keratinocytes, we found that sensitivity to UVB-induced DNA damage in mouse epidermis is also time-of-day- and BMAL1-dependent. Sensitivity is higher late at night—during maximum S-phase, the cell-cycle stage most vulnerable to DNA damage (19)—than in the late afternoon. Others have reported that repair of UVB-induced DNA damage also is defective at night because of decreased levels of XPA-mediated excision repair (13); this study, however, did not observe time-of-day-dependent differences in the initial DNA damage. This difference in results may be caused by our use of more quantitative assays for photoproducts and/or higher UV doses. Our findings on DNA damage are consistent with multiple studies that have reported circadian variation in the sensitivity to UVB (13) and chemically induced (26) skin carcinogenesis in mice.

Why do epidermal keratinocytes proliferate in a circadian fashion? One hypothesis is that clock-controlled proliferation serves as a mechanism for protecting against UV-induced DNA damage by minimizing DNA replication during exposure to the sun's UV rays (20). However, in diurnal humans, maximum S-phase and mitosis in the epidermis have been shown to be opposite to that of nocturnal rodents (27), peaking when UV intensity is high and DNA damage susceptibility might be at its highest (Fig. 5D). Our study argues that circadian clock functions in epidermal keratinocytes to segregate temporally the oxidative phosphorylation and keratinocyte proliferation processes, thus protecting the genome from endogenous ROS-mediated DNA damage stemming from oxidative phosphorylation (28). If one assumes conservation of this mechanism in mice and humans, human skin may be particularly vulnerable to UV-induced skin cancers.

## Materials and Methods

**Animals.** Mice were housed under 12 h:12 h LD cycles with food and water ad libitum. Lights were switched on at 6:00 AM (ZT0) and off at 6:00 PM (ZT12). Mice were maintained according National Institutes of Health guidelines (29) and as approved by the Institutional Animal Care and Use Committee of the

University of California, Irvine. C57BL/6CR male mice (Charles River Laboratories) used in microarray and circadian cell cycle studies were housed under LD 12:12 cycles for 10 d before the beginning of time-course experiments. Animal handling after lights off was in red light. Mice with signs of skin injury were removed from the study. Sources of transgenic mice are given in *SI Materials and Methods*.

**BrdU and Colchicine Treatment.** BrdU (50  $\mu$ g/g) and colchicine (10  $\mu$ g/g) solutions in sterile saline were injected i.p. 4 and 6 h, respectively, before mice were killed with CO<sub>2</sub>.

**UVB Treatment.** Mice were shaved with electrical clippers and then were exposed to a single dose of 500-J/m<sup>2</sup> UVB radiation delivered via broadband UVB lamps (TL 40W/12 RS; Philips) emitting 290–350 nm light with a peak emission at 312 nm. The irradiance was measured using a thermopile sensor (818P-001-12; Newport Inc.) and power meter (842-PE; Newport Inc.). Mice were killed immediately for ELISAs or 15 min post exposure for phospho-(ser139)  $\gamma$ -H2AX staining.

**ELISA and ROS Assays.** ELISAs were performed on epidermal DNA extracts using anti-CPD (clone TDM2) and anti-6-4 P (clone 64M-2) antibodies from Cosmo Bio, as previously described (30). ROS assays were performed as described previously (31). Details are given in *SI Materials and Methods*.

**Immunohistochemistry.** Immunohistochemistry was performed as described previously (8). The details of the protocols, cell counting, and statistics are provided in *SI Materials and Method*.

**Microarrays.** Whole skin was collected at 4-h intervals for 48 h. Total RNA was purified from the skin of each mouse, and equal amounts of RNA from the three replicates for each time point were pooled. Telogen and anagen samples were collected from P46 and P30 mice, respectively. Hybridization to Affymetrix GeneChip 1.0 ST arrays was described previously (8). Circadian genes were defined using a combination of ANOVA and sine-wave-based methods described in *SI Materials and Method*. For the gene-expression profiling in *Bmal1*<sup>-/-</sup> and *Bmal1*<sup>+/-</sup> skin, three biological replicates of each genotype were used for the ZT10 time point, and two biological replicates of each genotype were used for the ZT22 time point.

**Quantitative PCR.** RNA purification and cDNA synthesis were performed as described previously (8) using TaqMan probes: mBmal1: Mm00500226\_m1 and mGapdh: Mm99999915\_g1.

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