# The Causal Foundation of Applied Probability and Statistics

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#### Introduction

- Scientific inference is a branch of causality theory.
- Statistical theory has been developed focusing on (recognized as) a branch of applied mathematics such as probability theory, but causal theory is essential for statistical science.
- The application of statistics should consider causation if it is to represent underlying reality from observed data.
  - Any real-world data analysis has a causal component with underlying network generating the data, even for the descriptive analysis.
  - Decision analysis showing the effects of the decisions requires design strategies to rule out alternative explanations of the observations.

#### Introduction

- Causality is not extra-statistical but instead is a logical foundation of statistical analysis.
  - e.g. claims of random (unbiased/ignorable) sampling requires causal actions to block unwanted causal effects on the sample patterns.
  - w/o such causal analysis, independence can only be treated as a subjective assumption that has to claim no confounders affecting selection and outcomes.
- Incorporation of causality into introductory statistics from study design to data analysis is urgently necessary.
  - Probability cannot be an adequate foundation for applied statistics.
  - Statistical practice integrates logic, context, and probability into scientific inference and decision, using **causal narratives** to explain diverse data.

# Causality is central even for purely descriptive goals

- Causal descriptions encode the information and goals that lead to concerns about associations.
- Consider a survey such as proportion of voters who would vote for a given candidate.
  - Some characteristics C may affect both survey participation (S=1) and voting intent V
  - [S=1]←C→V
    - [S=1] indicates the observations are conditioned on S=1.
  - If the distribution of C is different b/w observed sample (S=1) and population, then distribution of V from the data is biased: P(V=v|S=1) ≠ P(V=v).
    - Causal relation C→S causes bias even for the descriptive study.

# Causality is central even for purely descriptive goals

- We can remove the bias by reweighting the sample using targetpopulation ethnicity distribution.
  - It is also a causal process: need to obtain target-weighting data and program
    the reweighting to make the adjusted estimate.
  - $[S=1] \leftarrow C \rightarrow V \leftarrow W \leftarrow C$ 
    - New causal diagram with reweighting procedure.
    - W is a weighting intervention to adjust target-population distribution and obtain unbiased distribution of V: P(V=v)

# The strength of probabilistic independence demands physical independence

- Data generating does not only mean some abstract structural equation.
- Consider coin tossing and its causal diagram:  $Y_1, \dots, Y_N$ 
  - N isolated (unconnected) nodes for independent identical distribution
    - No arrows b/w nodes
  - iid is not a single assumption, but a set of assumptions: N! dependency pattern b/w  $Y_i$ .
  - Suppose that we have N observational data about the coin tossing.
  - The dependency grows much father than the number of observations N.
  - The amount of deductive information in this assumption set is beyond data alone could contain; only contextual (background and design) information can supply enough information to warrant the assumptions.

# The strength of probabilistic independence demands physical independence

- Consider again descriptive or decision analysis decision analysis
- Only the physical action of blocking all causal effects on selection or treatment can provide deductive justification for the entire set of assumptions corresponding to independence.

### The Superconducting Supercollider of Selection

- In human field studies, a selection indicator node S should be considered as part of the data generating process.
  - S may be influenced by study variable.
  - By definition, only samples with S=1 are observed; it is always conditioned on
  - If S is affected by more than one variable, it is a conditioned collider: a source for a potential bias.
  - However, this fact is often ignored in studies.

### The Superconducting Supercollider of Selection

- Selection bias may arise even when S is not a collider:  $[S=1] \leftarrow C \rightarrow V$ 
  - C opens back-door path from S to V as a confounder.
  - The bias can be adjusted by condition on C.
  - The marginal (C-unconditional) distribution of V, P(V=v), can be obtained by integrating C out.
- A parallel example of selection bias in treatment w/o collider bias: consider the effect of treatment X on outcome Y w/ a modifier C.
- $[S=1] \leftarrow C \rightarrow Y \leftarrow X$ 
  - C is independent of X, and Y is independent of S given C, but the path  $S \leftarrow C \rightarrow Y$  causes bias in estimating the treatment effect given S=1 (condition on selection).

### Data and algorithm are causes of reported results

- Valid statistical analysis is causal to the core; the core problem is about factors causing differences in distributions of those targeted and those observed: voter and survey responders; patients with a given indicator and patients in a trial.
  - w/o a causal model, we do not have basis to connect probability calculations of the observations and the world.
- Statistics is laying out the causal sequence leading from data to inferences and decisions.
  - The outputs of statistical analysis is physically justified only when it is deduced form the causal structure of the generator.

### Getting causality into statistics by putting statistics into causal terms from the start

- Causal explanations provide the contextual justifications for the probability models used in the analysis, displaying information about study features that physically constrain data generation.
- Researchers should understand/learn causal thinking before probability and mathematical statistics.
  - Introductory statistics should cover basic logic and its causal extensions before mathematical statistics theory.

#### Causation in 20<sup>th</sup>-century statistics

- Foundations of causation date back to early 20<sup>th</sup> century
  - Neyman [1923] proposed potential outcome
  - Potential outcome (counterfactual) models entered statistics journals by the 1930's
- Statistical developments in the 20<sup>th</sup> century were foremost concerned with causal inferences derived from physical randomization
  - Fisher laid out potential outcomes clearly
  - Formalized by others into potential-outcome model

# Causal analysis vs. traditional statistical analysis

- Causal theories can include important mistakes even while successfully predicting intervention effects
  - e.g. malaria: coming from parent Italian meaning bad air
  - Malaria rates were higher near swamps; attributed that to toxic air
    - swamp → toxic air → malaria
  - Led to successful intervention such as draining swamps and building elevated houses
  - Missed the actual causal structure
    - swamp → mosquito exposure → malaria
  - Swamp intervention can test only swamp → malaria effect, not the intermediate pathways

# Causal analysis vs. traditional statistical analysis

- An intervention experiment provides evidence only on classes of mechanisms, not specific mechanisms.
- Even randomized controlled trial may not identify causal effects.
- It applies even more strongly to passive observational (non-experimental) studies.
  - Extraction of information about target (treatment) effect in observational studies requires causal models for physical data generation that include nonrandom variation (bias) sources beyond the treatment.

# Relating causality to traditional statistical philosophies and "objective" statistics

- Frequentism and Bayesianism are incomplete both as learning theories and as philosophies of statistics, and in sufficient for all sound applications
  - Causal justifications are the foundation for classical frequentism
  - And for Bayesianism
- Many statisticians assign primacy to objective model components
  - Derivable from observed mechanisms, such as random number generators
  - Strong assumptions such as randomness can be deduced from the physical data-generating mechanisms, not from observed frequencies or other purely associational information

#### Conclusion

- Statistical science requires realistic causal models, to analyze data, for the generation of the data and the deduction of their empirical consequences.
- Decision analysis requires further causal analysis to explain various pathways.
- Causal foundation is essential for the teaching and applications of statistics.